

TIERRA COSMICA SACRED ARTS AND ECOLOGY

Center for Therapy, Education and Events

Sacred Arts includes art forms that connect us with our divine nature.

These include therapeutic/shamanic arts, imagery/geometry, music/sound, literature, hand-crafts, movement/dance, architecture and culinary art.

Ecological Medicine

Human Health /Well Being is in Direct Relationship to Ecological Awareness/Connection. This form of Medicine is based in ancient knowledge that has in recent times been proven by scientific research:

Earth is a unified living breathing matrix of life from which Humans are not separate.

Ecological Medicine utilizes age old esoteric knowledge of the Natural Elements of the Earth and their relationship to the Human Condition. How we relate to the Earth will have a direct effect on our state of being and health. Disorder and Disease is an indication of a Disconnect from the Natural Elements that feed and sustain our lives.

Regenerative Design (RD)

A design methodology for creating human settlements that work with and within Ecological Patterns in ways that provide for Human needs while Regenerating the Resources used. In this way we become a regenerative aspect of the ecosystem. Based in thousands of years of accumulated Indigenous Cosmological and Ecological Knowledge, in recent decades it has gained a world wide acceptance by being popularized by the Permaculture Movement. Although known mostly by its application to the human relationship to land resources, i.e creating systems to clean/regenerate water, soil and food systems, RD has a wide range application in all arenas of human settlement including the Social, Cultural, Political and Economic Structure as is evident by the three primary principals of Permaculture :

Earth Care
People Care
Fair Share

